

EAT LIKE A LOCAL



Food is a big part of our travel experience. Sri Lankan cuisine has been shaped by many historical, cultural and other factors. Every nationality that has visited and traded over the years (the Dutch, Portuguese, English, Arabs, Malays, Moors and Indians) has left its mark in Sri Lanka food.

Sri Lanka, being an island with a tropical climate, coconuts and fish are two of the most influential components of Sri Lankan cuisine. Fish is made into curries, and coconut in some form or another, is a dominant ingredient in cooking. Rice and curry is the Sri Lankan staple, though various kinds of bread, both roti style flatbreads and even loaves of bread, are very common.

Foods you should try in Sri Lanka



Colombo Street Food Experience Watch Video



Sri Lanka Village Food Experience Watch Video

