

# POLONNARUWA



Kings ruled the central plains of Sri Lanka from Polonnaruwa 800 years ago, when it was a thriving commercial and religious centre. Polonnaruwa was the second capital of Sri Lanka after the destruction of Anuradhapura in 993.

Cholas plundered the former capital of Anuradhapura and took hold in Polonnaruwa. Turbulent times followed until King Parakramabahu conquered the city, as well as the rest of the island. Visit to this historic city you will find Brahmanic monuments built by the Cholas, as well as the monumental ruins of the fabulous garden-city created by Parakramabahu I in the 12th century. You can still witness palace buildings, dagabos, temples and other historical architecture.

